

Growing Well



Growing Well Girls Group

a monthly group for preteen girls focused on body literacy, consent, boundaries, and safety in a calm, age-appropriate environment.

✦ **for ages 9-12** ✦

Cost: Free/Donation (\$5 recommended)*

Location: 2655-3 Capital Cir NE

Group Size: Space Limited

Days/Times: Fridays from 6:00-8:00 PM

Dates: March 6, April 3, May 1, June 12, July 10, Aug 7

*all donations will go to the non-profit Dance for All Foundation Inc.



Attendance Policy

Growing Well is a small, intentionally limited group. Consistent attendance helps maintain safety, trust, and continuity for all participants.

By registering, families agree to the following:

Attendance Expectations

- Sessions meet **once per month**
- Regular attendance is encouraged, but occasional absences are understood
- If your child cannot attend a session, please notify the facilitator with as much advance whenever possible

Because group material builds over time, missed sessions cannot be recreated in full.

Missed Sessions

- There are **no make-up sessions** for missed classes
 - Materials or brief summaries may be shared at the facilitator's discretion
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Cancellation Policy

If the facilitator must cancel a session, families will be offered a rescheduled date

Late Arrival and Pick-Up

- Please arrive on time so sessions can begin smoothly
 - Prompt pick-up is expected at the end of each session
 - Repeated late pick-ups may result in loss of participation
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Group Continuation

The facilitator reserves the right to discontinue a participant's enrollment if ongoing attendance issues or behavior significantly impact group safety or functioning. Guardians will be notified if concerns arise.

Acknowledgment

By registering for Growing Well, I acknowledge that I have read and agree to this Attendance and Cancellation Policy.

Parent / Legal Guardian Initials: _____

Date: _____